

# Algonquin YOGA RETREAT

CANADA DAY WEEKEND



*A yoga retreat within Algonquin Park is an amazing experience.*

You will be witness to a *wilderness* that is filled with wildlife, wild flowers, and *breath taking* scenery. The waters are clear, *refreshing*, and welcoming after a day of yoga, canoeing, and hiking through the woods. Each morning you will awaken to a *magical* sunrise and partake in an incredible yoga experience by the mist shrouded waters of Joe Lake.

- 4 days of yoga, meditation, canoeing, and hiking
- 3 nights within a luxurious cabin at Arowhon Pines Resort
- Fresh seasonal meals catering to all dietary preferences
- An amazing massage with a massage therapist



## WOLF DEN EXPEDITIONS

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